

## **IN THE SPECIFICATION**

Please amend the Abstract as follows:

~~An object of the present invention is to improve convenience of a~~ A recording medium and ~~improve~~ having efficiency of a reading and a writing process. Audio annual ring data, video annual ring data, low-resolution annual ring data, and meta annual ring data extracted from data series of metadata, an audio file, a video file, and low resolution data are written to a free space on an optical disk in order of a body, a footer, and a header in order to improve the convenience of the recording medium by enabling a quick edit process. ~~For ,~~for example, and ~~improve the~~ efficiency of the reading and writing process is improved by preventing occurrence of an unnecessary writing process. ~~The present invention is applicable to disk apparatus for recording video data or audio data.~~

*Remainder of this Page Intentionally Left Blank*